

## Study Oxidative Stress Statues In Hypertension Women

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### Abstract

The oxidative stress is result of unbalancing between oxidants and antioxidants in the body. Hypertension (HT) is a measure of average systolic blood pressure which created by the heart contracting, greater  $\geq 140$  mmHg or an average diastolic blood pressure, which is the heart fills, of  $\geq$ equal to 90 mmHg. The study is conducted on 28 female patients with HT from Ibn Al-nafese hospital in addition to 28 female control. The markers measured are albumin, malondialdehyde (MDA) and 8-Hydroxy deoxyguanosine (8-OHdG). Also electrophoresis study on extracted DNA with Fenton reaction was done. Results of this study show there are high significant decrease ( $p \leq 0.01$ ) in albumin concentration of patient related to control, and there is a high significant increase ( $p \leq 0.01$ ) in each MDA and 8-OHdG for patients group in comparison with controls. The Fenton reaction done shows that oxidant has degradation effect on DNA either in two minutes of reaction. It is concluded that oxidative stress in its parameter (albumin) and markers (MDA and 8-OHdG) is main chemical manifestation of group under study. And oxidants produced by Fenton can denature the DNA in vitro.

**Key words:** Hypertension, Reactive oxygen species Malondialdehyde, 8-OHdG

### Introduction:

Hypertension is defined as an average systolic blood pressure, which is created by the heart contracting, greater than or equal to 140 mmHg or an average diastolic blood pressure, which is the heart fills, of greater than or equal to 90 mmHg [1]. Hypertension is a disease and blood pressure is a biomarker [2].

Reactive oxygen species (ROS) is a group term used for a group of oxidants, comprise both free radicals or molecular species capable of generating free radicals [3], such as hydrogen peroxide ( $H_2O_2$ ), superoxide ( $O_2^{\cdot-}$ ), and the hydroxyl radical ( $\cdot OH$ ). There are also reactive nitrogen, iron, copper, and sulfur species [4] which may initiate from exogenous sources like Cigarette,

ozone, and asbestoses, and endogenous sources as products of important metabolic processes that are continuously going on in the body, e.g. electron transport chain in mitochondria, or Pathological Sources such as immune cell activation, inflammation, metabolism of environmental pollutants & certain drugs [4,5]

ROS are raised in hypertension in response to vessel stimulation by mechanical stretch or angiotensin II (AII)[6]. Reaction of ROS with endothelium released NO, a gas is generated from the metabolism of L-arginine by constitutive endothelial NO synthase, inhibits vasodilatory or antisclerotic effects of NO and thus can exacerbate the disease [7].

Human body has complex system of defense antioxidant comprising enzymes such as reductase, some proteins or small-molecular-weight compounds such as glutathione [8]. All of the above play a part in the redox balance. Whenever such equilibrium is disrupted, oxidative stress develops as a result of either excess oxidants production or inadequate antioxidant mechanisms, leading to plural oxidative modifications of basic and regulatory processes [5,9].

Malondialdehyde (MDA) [bis – diethylacetal] CHO-CH<sub>2</sub>-CHO, is a dicarbonyl, with a molecular weight of 72 Daltons, formed as a secondary product of endoperoxide [10]. MDA is an end-product of the radical-initiated oxidative decomposition of polyunsaturated fatty acids; therefore, it is frequently used as a biomarker of oxidative stress [11]

8-Hydroxydeoxyguanosine (8-OHdG) is an oxidized nucleoside which is excreted in the bodily fluids with DNA repair. 8-OHdG is a most common stable product of oxidative DNA damage after enzymatic cleavage when ROS induced 8-hydroxylation of

guanine base on nuclear and mitochondrial

DNA [12] and is considered a measure of DNA oxidation in response to free radicals [13]. The presence of this oxidized guanine in genomic DNA can cause transversion mutation such as G-T or G-A binding, accumulation of which can lead to detrimental consequences [14]

Albumin is a non-glycosylated protein of 66 kDa [15]. Human serum albumin (HAS) shows antioxidant capability related to ligand-binding capacities. HSA is well known for binding a large variety of molecules, including fatty acids, hormones, metal ions, and drugs [16]. It also has capacity to bind bilirubin and homocysteine by its one high affinity site [Lys240] for bilirubin [17]. The resulting HAS bound bilirubin acts as an inhibitor of lipid peroxidation and thus exemplifies an indirect antioxidant behavior of HAS [16,17].

## Materials and Methods

This study includes 28 female patients of age between 30–65 years referred to Ibn Alnafese hospital during the period from November 2013 to March 2014. The diagnosis of disease was made by physician with exclusion of presence of other diseases known to be associated with elevated oxidative stress [cancer, diabetes, arthritis, or cystic fibrosis] and vitamin supplements taken in the last 4 weeks. Patients were compared with age-matching group of 28 healthy control female subjects devoid of conditions like diabetes mellitus, epilepsy, psychiatric disorders or history of any drug intake and selected as control group. Ten milliliters were collected from each subject, Two and half milliliter of these blood samples were added into EDTA tubes and used for DNA extraction and remained blood was allowed to clot for at least 10-15 min. at room temperature,

centrifuged for 10 min. at 4000 rpm. The total serum MDA was measured by spectrophotometric methods supplied by Shah and Walker by reaction with thiobarbituric acid (TBA) One molecule of MDA reacts with 2 molecules of Thiobarbituric acid [18].

Estimation of Human 8-OHdG was performed according to the instruction of manufacture [Test Kit No.CSB-E10140h] produced by CUSABIO/China as the quantitative determination of endogenic human 8-OHdG concentration in the serum. The serum albumin was measured by kit supplied by Biosystem company.

The statistical analysis were performed by SPSS [19]. The significance of difference between mean values was valued by using Student T-Test. The probability  $p \leq 0.05$  = significant,  $p > 0.05$  = non-significant and  $p \leq 0.01$  highly significant.

The DNA is isolated according to the ReliaPrep™ gDNA Miniprep System [20] which provides a fast, simple technique for preparation of purified and intact DNA from mammalian. Samples are processed using a binding column in a micro centrifuge tube. The genomic DNA isolated is of high-quality and can be used in common applications such as Agarose gel analysis, restriction enzyme digestion and PCR analysis

The reaction with Fenton is done according to method of Wendy, reactions of  $[\text{Fe}(\text{EDTA})\text{II}]$  and  $\text{H}_2\text{O}_2$  with DNA proceeded as follows: by adding 10  $\mu\text{L}$  of each  $\text{Fe}^{+2}\text{EDTA}$  solution, DNA [80 ng/ mL], phosphate buffer,  $\text{H}_2\text{O}_2$  [0.3%] and sodium ascorbate and premixed on the inside wall of an eppendorf tube and then is directly added to the DNA solution and allowed to react for 2 min. Reactions were stopped by addition of 100  $\mu\text{L}$  of a stop solution containing 10 mM thiourea, 30 mM EDTA, and 0.6 mM sodium

acetate[21]. The reaction mixture was placed in 1% agarose gel for electrophoresis and run at 5v/cm for 1 hr according to Sambrook procedure[22] and screening done by Gel Documentation system, BioRad. USA.

## Results and Discussion:

Eighty two patient subjects are included in this study and 28 apparently healthy individuals as control group.

Results of oxidative stress parameter show that is a highly significant in MDA concentration in patient group comparing with control group as shown in table 1. The significantly elevated [ $p < 0.01$ ] in diagnosed hypertensive patient agree with (Dhananjay V. *et al* 2013)[23]. It has been demonstrated that increased intracellular generation of ROS plays an important role in chronic inflammatory responses to arterial diseases, so this causes damage to the membrane polyunsaturated fatty acids leading to the generation of MDA cause elevation in MDA in these patients [24].

The concentration of 8-OHdG also shows a significant increase [ $p < 0.01$ ] in patient group relative to control, this result agrees with (Kaya y *et al* 2012)[25] who found a significant difference in 8-OHdG levels in hypertensive patient. Also (Fructaci *et al* 2015)[26] found an elevation in 8-OHdG in cocaine related cardiomyopathy cases. This elevation may be due to the increased generation of ROS in certain type of white blood cells which contribute in reduction bioavailability of nitric oxide and thus to the endothelial dysfunction, as some of the hypertension-induced organ damage, which occurs due to hyperactivity of mechanisms that increase ROS production[25].

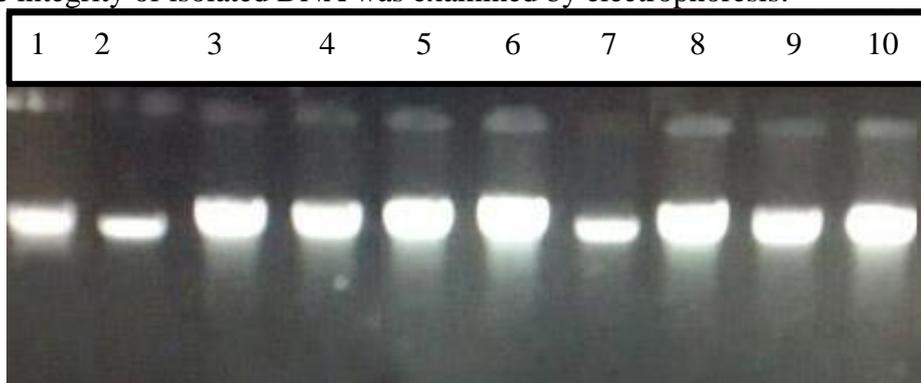
The concentration of albumin of patients shows significant decrease ( $p < 0.01$ ) in patient serum relative to control group. This agrees with (Oda Eji *et al* 2012)[27]. The decrease in albumin

in patient may be due to its function as result of oxidative stress. antioxidant activity that decrease as

**Table (1): Results and Characteristics of samples**

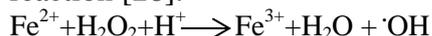
Character	Patient group	Control group	p value
Age [year]	46.8±8.2	43.4±9.3	>0.01
BMI [kg/m <sup>2</sup> ]	31.48 ± 0.95	27.27 ±0.97	>0.01
Hb [g/dL]	12.5±1.6	12.00±1.36	>0.01
MDA [μmol/L]	6.35±0.71	3.31±0.26	< 0.01
8OHdG[ ng /mL]	105.43±28.94	82.62±19.13	<0.01
Albumin [g/L]	35.52±1.84	44.18±2.20	< 0.01

The integrity of isolated DNA was examined by electrophoresis:



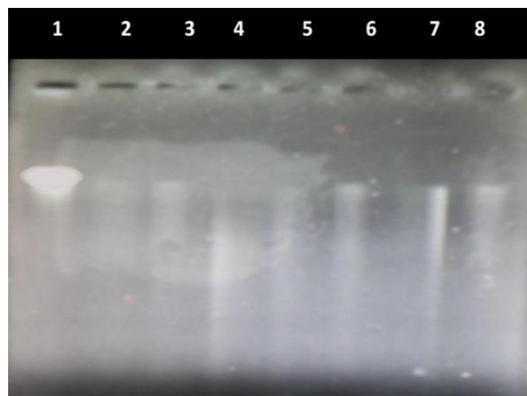
**Fig. (1): Genomic DNA Profile from Blood Sample of Subjects, Agarose gel [1%], 5 V/cm for 1 hr., Stained with Ethidium Bromide. Lane 1 placenta's DNA, lane 1-5 controls' DNA, lane 5-10 HTs' group DNA.**

Reduction of H<sub>2</sub>O<sub>2</sub> by reduced transition metals results in the formation of ·OH and related oxidants via the Fenton reaction [28].



The produced hydroxide radical has been already done in vitro test tube experiments under Fenton's reaction conditions. ·OH has damaging effect on DNA, it may cause denaturation for double strands, mutation, as a means of inducing strand cleavage in DNA[29].

Using Fenton reaction to show oxidative stress effect on DNA, damaged of control's DNA was monitored by agarose gel electrophoresis and the result show this effect.



**Fig. (2): Fenton reaction on DNA, lane 1: Control's DNA, lane 2-8: DNA with Fenton's reaction 2,4,6,8,10,12 and 14 mins**

This result agree with (Plionical *et al* 2013) [30] who suggested high concentration of H<sub>2</sub>O<sub>2</sub> that led to the degradation of all of major membrane proteins.

**Conclusion:**

Oxidative stress in its markers and parameters is the main chemical manifestation of hypertension in the patients of underlying study. This conclusion was obvious in high significant difference between serum malondialdehyde, 8-OHdG and albumin in patients of hypertension. And oxidants produced by Fenton can denature the DNA in vitro.

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## دراسة مستويات الاجهاد التأكسدي عند المريضات بارتفاع ضغط الدم

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## الخلاصة:

الاجهاد التأكسدي هو نتيجة لعدم التوازن بين توليد المؤكسيدات و مضادات الأوكسدة في الجسم وارتفاع ضغط الدم هو مقياس لمعدل الضغط الانبساطي  $\leq 140$  ملم زئبق والانبساطي  $\leq 90$  ملم زئبق. هدف الدراسة هو دراسة الاجهاد التأكسدي في مريضات ضغط الدم وفحص تأثير تفاعل فنتون على الحامض النووي خارج الجسم. تضمنت هذه الدراسة 28 عينة من امرأة مريضة بمرض ضغط الدم من مستشفى ابن النفيس اضافة الى 28 امرأة سليمة كمجموعة سيطرة وتم اجراء قياسات الالبومين والمالون داي الدهايد و8 هيدروكسي ديوكسي كوانوسين كما تم اجراء الترحيل الكهربائي للحامض النووي بعد تفاعل فنتون عليه. أظهرت النتائج المقارنة مع الاصحاء ان هناك هبوطا معنويا ( $p \leq 0.01$ ) في مستويات الالبومين . بينما سجلت مستويات المالون داي الدهايد و8 هيدروكسي ديوكسي كوانوسين ارتفاعا معنويا عاليا ( $p \leq 0.01$ ) مقارنة بمجموعة السيطرة. واطهر الترحيل الكهربائي تحطم الحامض النووي بعد تعرضه للأوكسدة بواسطة تفاعل فنتون. يُستنتج ان الجهد التأكسدي بمعامله الظاهرة بشكل البومين او علاماته كالمالون داي الدهايد و8 هيدروكسي ديوكسي كوانوسين هي المظهر للأوكسدة في المجموعة تحت الدراسة. والأوكسدة لها تأثير كبير على الحامض النووي في خارج الجسم

الكلمات المفتاحية : ارتفاع ضغط الدم، أصناف الاوكسجين الفعالة، المالون داي الدهايد، 8-هيدروكسي ديوكسي كوانوسين